

POSTOPERATIVE CARE FOR EXCISIONS

- The surgery site is usually covered with white or tan colored steri-strips (tapes). They are very adherent and usually do not fall off. If they do come off, that is all right, but DO NOT pull them off.
- You may wash over the site with soap and water. You may shower. Afterwards, blot the site dry. DO NOT apply any cream, ointment, or make-up over the steri-strips.
- To reduce the risk of bleeding, avoid taking aspirin, ibuprofen, or Aleve for 7 days after surgery. Tylenol, or Extra strength Tylenol is recommended for any pain.
- Activities can be carried on as usual, with the exception of _____.
- Stitches are to be removed _____. Suture removal is usually performed by the nurse. If for any reason you are unable to keep the appointment, please call and reschedule.
- If the tape seems to irritate your skin, or if you develop any redness, inflammation, drainage or a fever over 101 degrees, call the office at 312 695-6022 and ask to speak with a nurse.
- Once the stitches and tape are removed, there is usually no need for a follow up visit. If you do feel the need for the area to be rechecked, we will be happy to schedule an appointment for you.
- If your excision required pathology, results are returned to us in 10 days to 2 weeks. If you do not hear from us during that time frame, please call us for your results.
- The surgical scar may seem reddened or pink for a few months. This is normal and the area will gradually fade. All surgical incisions cause scarring, which is actually nature's way of healing. While scars are permanent, they are rarely noticeable, nor do they cause complications.